

## SPRING 2010

**Dear Riders,**

Welcome to another year of riding at Greystone Manor Therapeutic Riding Center!

We offer the following programs: Riding lessons in 6 week sessions, clinics on Saturday mornings, and a horsemanship youth camp. **New this year:** Group lessons for 3 or 4 students riding together.

**Riding sessions:** We will be holding five 6-week sessions this year. We are adding a 7:30 PM class to all sessions, all 3 evenings. Sign up for the times you want to ride, for just one or up to 5 of the sessions. The more times you are available the more likely you are to ride, rather than be on the waiting list.

**The riding times for Sessions 1-5 are as follows:**

Monday: 4:30, 5:30, 6:30, 7:30 PM  
Tuesday: 4:30, 5:30, 6:30, 7:30 PM  
Wednesday: 9:00, 10:00, 11:00 AM  
Thursday: 4:30, 5:30, 6:30, 7:30 PM

Session 1: March 1 – April 8  
Session 2: April 26 – June 3 (Make-up for Memorial Day, June 7)  
Session 3: June 21 – July 29  
Session 4: August 23 – September 30 (Make-up for Labor Day, October 4)  
Session 5: October 18 – November 24 (Make-up for Thanksgiving, October 14).

**The fee for each 6-week session** will remain the same; **\$220** for semi-private or **\$260** for private lessons. We offer riders the choice of private or semi-private lessons. We attempt to honor your wishes; but please realize that some students require private lessons due to the nature of their disability. For new riders, the initial 6-week session must be private to allow us to evaluate your needs and goals. Please indicate your preference on the card.

Keeping rider safety in mind, we strongly encourage long pants and ankle-boots/hard-soled shoes with heels (no sandals or loafers) for all riders. For cooler weather, warm coats and gloves should be worn. In the event of extremely hot or cold weather, we may cancel classes. We will make up all classes that Greystone Manor TRC cancels.

**Saturday Clinics:** Clinics focus on group activities/games as well as grooming, tacking, leading, and riding our horses. Because of our group focus, riders must participate in at least one riding session at Greystone Manor TRC before participating in a clinic. Clinics will be held **Apr. 17, May 15, Jul. 17, & Aug. 21, Oct. 16 (9–11 AM)**. You may sign up for any or all of the five clinics as they are individual clinics and not consecutive. They are open to all ages. **The fee for each clinic is \$50.**

**Horsemanship Youth Camp:** Greystone Manor TRC will once again offer a three day camp to be held **August 10 – 12 from 9 a.m. to 12 noon** each day for riders 14 and younger. Those involved in the past have thoroughly enjoyed the relaxed and longer period of “barn time” that camp offers. All campers must have participated with Greystone Manor TRC for at least one session. Camp participants will be involved in many activities including grooming, tacking, leading, learning about horse care/behavior, crafts, games, and daily riding. Riders should be available to attend all three days and wear appropriate clothes for riding. Camp requires a minimum of four participants.

**The fee for horsemanship youth camp is \$190.**

**\*NEW\* Group Lessons (for 3 or 4 riders in a lesson):** We will be offering a group lesson from 5:30 – 7:00 on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays starting April 14 through November 10. These lessons will be scheduled by the staff in order to group riders who are at similar levels so they can work on specific goals or riding skills together. The lessons will primarily emphasize social interaction and feature activities for riders to encourage each other while learning. Activities may include riding to music, riding in drill team style, completing a riding pattern, obstacle courses, and games on horseback. The hour and a half lesson will allow riders to be involved in grooming and tacking their horses. These classes are independently scheduled of each other so riders can sign up for any or all of them.

We're asking you for flexibility in order to group riders appropriately. Please mark the dates you would like to participate on your card. We will schedule the Wednesdays for the first 3 months – April, May, June. You will be sent a confirmation of the Wednesdays that you are scheduled to ride. We will do the same for July, August, September, and then again for October and November. Riders may participate in the regular session and also take the Wednesday classes during that time. There are 15 Wednesday group lessons scheduled on the following dates:

<b>Apr. 14</b>	<b>May 12</b>	<b>Jun. 9</b>	<b>Jul. 14</b>	<b>Aug. 11</b>	<b>Sept. 8</b>	<b>Oct .13</b>	<b>Nov. 10</b>
<b>Apr. 28</b>	<b>May 26</b>	<b>Jun. 23</b>	<b>Jul. 28</b>	<b>Aug. 25</b>	<b>Sept. 22</b>	<b>Oct .27</b>	

**Mark all of the dates you would like to participate on your card.**

**The fee for group lessons is \$35.00 per lesson.**

**For all riders:**

<b>Grand Opening &amp; Farm Tour:</b>	<b>April 24 &amp; 25</b>	<b>Ride-A-Thon:</b>	<b>June 19</b>
<b>Horse Show:</b>	<b>September 18</b>	<b>Banquet:</b>	<b>To Be Determined</b>

**Registration:** To sign up for riding sessions, group lessons, camp and/or clinics for the year, please indicate your preferences on the enclosed card and return it as soon as possible. **Next**, send in rider registration and medical history forms. Forms may be found on our website [www.greystonemanortrc.org](http://www.greystonemanortrc.org) if you need additional copies. Riders are scheduled on a first come, first served basis. The earlier we receive your card and the more choices you give us to put you in the schedule, the more likely you are to be able to ride, rather than be on a waiting list.

Medical and registration forms must be submitted prior to riders beginning lessons. Complete and send in the 2 double-sided forms (Rider Registration and Physician Prescription/Medical History); the single sided forms are optional (Teacher and Therapist Assessments). **If you are requesting Session 1, please submit your forms by February 12, 2010. Mail forms to Greystone Manor TRC, PO Box 10724, Lancaster, PA, 17605-0724.**

We will mail and/or call to notify you of lesson times after February 15, 2010. We appreciate your flexibility in scheduling and try to group riders by age and ability whenever possible. Sessions last up to 45 minutes depending on rider needs and abilities. Fatigued students will be dismounted. It is at the sole discretion of the riding instructors and program therapists that students ride or don't ride for various reasons. There are certain contraindications to riding; the medical forms must be submitted prior to riders being scheduled for lessons for safety as well as liability issues. Please be certain the doctor legibly fills in all the questions, especially those regarding surgical procedures and medications. Riders with Down's syndrome must have a recent X-ray to show atlantoaxial stability (instability is a contraindication to riding).

We greatly appreciate the support of our riders and parents/caregivers in taking care of their individual reimbursement by the various agencies. **Please make your check payable to Greystone Manor TRC.** You may send payment in when you receive your confirmation letter. If this presents an undue hardship please call Greystone Manor TRC at 717-615-9222. Please try to secure a scholarship first by contacting the following groups in your area: businesses, churches, Lions/Lioness Clubs, 4-H clubs, public/private schools, Schreiber Pediatric Rehab Center, and the Mental Health/Mental Retardation office. If you are unable to find scholarship in any of these places, Greystone Manor TRC does have limited scholarship funds are available for up to 75% of your fee. If you wish to fill out an application, please call 717-615-9222 and request a form. Scholarship forms must be submitted **prior** to your first lesson to be covered by the scholarship.

**Fundraising:** Our main fundraiser will be our September Horse Show. The Horse Show will have a program with advertising space and class sponsorships available. We will also sponsor events for fundraising during our Ride-A-Thon and Annual Banquet. Please contact Patti for more information.

**Volunteering:** Family and friends who are at least 14 years of age may wish to volunteer with the program as leaders or side walkers. If so, please contact Sandi Pearsall, Volunteer Coordinator at 717-615-9222 or by email at [sandi@pearsall.us](mailto:sandi@pearsall.us). Orientation for new volunteers will be held **Feb. 13 from 9:00 – 11:00**. Our Kick-off Orientation will be held **Feb. 18 from 6:30 – 8:30**. New volunteers are welcome to join us at any time during the year.

If you have any questions, please feel free to call Greystone Manor TRC at 717-615-9222 or e-mail me at [pattidraude@comcast.net](mailto:pattidraude@comcast.net). Thank you and we look forward to being with you all in 2010!

*Patti Draude*