



LANCASTER COUNTY  
THERAPEUTIC RIDING,  
INC.

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## RIDE WITH PRIDE

June 2007

### In the Saddle with Lance Hosler

*"I had a vision of eagles and horses flying high on a ridge in a race with the wind." -John Denver*

When this issue's featured rider has a vision of eagles and horses, they are not flying high on a ridge. The Eagles are wearing green and white and flying toward the end zone at Lincoln Financial Field and the horses are the beloved mounts at LCTR. Yes, I am talking about **Lance Hosler**, die hard Eagles fan and long time rider at LCTR.

At only 14 years old, Lance is an old-timer at LCTR. He has been riding in the program since he was 3 years old and especially enjoys riding Josie. Lance will be an 9<sup>th</sup> grader at Warwick Middle School and says that math is his favorite subject. When Lance isn't at school he enjoys baseball, soccer and football. He has 2 sisters and 1 brother along with his mom and dad.

When I asked Lance what he likes about riding, he said the way that it stretches out his muscles is the best part. And, he was quick to agree that Ted's singing



was also high on his list...but he didn't specify which list. In fact, when asked what his favorite memory of riding with LCTR is, he got a big smile on his face and talked about the time he taped Ted's mouth shut.

Lance's summer plans include going to Schreiber Day Camp, playing baseball and watching Sports Center on television.

Lance's dad, Phil, said that in addition to the physical benefits horseback riding provides, he thinks there is great benefit to the conversation with the volunteers that occurs during lessons. In addition, having an activity with challenges and goals, where the rider is truly taught horseback riding skills is a wonderful thing. He is particularly impressed with the level of dedication that is evidenced by the instructors, volunteers and everyone associated with LCTR.

In addition to lessons, over the years Lance has done his best to participate in the horseshow and the banquet. I joked with Lance that it seems that if there is food at an event, he will be there. He just gave me a big smile and didn't disagree. -Georgina Condran

*Author's note: When I started volunteering 5 years ago, Lance was my very first rider. He was such a pleasure to work with, and ever since my first year with Lance, I have been hooked on LCTR.*

### 2007 Horseshow Planning Underway

It's time to start planning for the Horse Show! October 6 is the date for this year's event and we hope all riders and volunteers come out to have fun on this day of celebrating our riders' achievements!

The Lancaster Mounted Police have agreed to attend again and Dan will be

running the Chuck Wagon (Yippee!) so some of the pieces are coming together already!

If you would like to be on the leadership committee for the horse show please contact Ellen Barnes 615-9222 to be included in the planning meetings. We will be dividing

into committees and each committee will need volunteers as well, so if you want to help but can't be a leader...don't worry you will have a chance as the day gets closer. -Ellen Barnes



## Raisin Lends a Hoof

Rascal and Hobbit have a new friend. Meet Raisin, a twenty-something pony that lives at Greystone. She belongs to Sheila Dunlap, assistant to Shannon Rhineer, the barn manager. When Sheila learned that we need the occasional 'extra' pony she kindly offered Raisin's services. Raisin is a joy to work with and she fit into our program right away. Rascal can't take his eyes off of her when they are in a lesson together!

In her past career Raisin was a champion driving pony. Her show name is Olney's Rum Raisin.

Raisin works for LCTR on Tuesday evenings this session.



Raisin has also helped Shannon's three-year-old son, Michael learn about rid-

ing. In her free time she can be found in the mare field munching grass with her friends. -Patti Draude

Photo at left: Adam Prokay riding Raisin with Kelsey, Joyce, and Karen

### LCTR Tid-Bit

Colt— young male horse usually under 4 years of age

Filly— young female horse usually under 4 years of age

## Meet LCTR's Librarian Gail Jordan and her Daughter Lindsey

LCTR's library is up and running thanks to Gail Jordan a LCTR volunteer. Previously, Gail had worked as a library assistant so when she heard that we wanted to open our library she offered her help. She worked through session 1 to clean and categorize our collection of books and videos. We recently received a donation of books from Carol Henkel, LCTR's founder and Gail added those to our collection. After getting the shelves stocked, Gail made a curtain to hang over the collection to ensure that they are protected from the barn dust! Books and videos range in topics on horse care and riding instruction to

information about therapeutic riding. Books may be checked out for two weeks at a time by signing the card on the back and putting it in the box on top of the shelf.

Gail works for Fulton Financial Corporation. We met Gail and daughter Lindsey last year when Fulton did a fundraiser for LCTR. They both began to volunteer on Thursday evenings since they were looking for something they could do together. Gail is impressed with our riders and their riding skills and knowledge of horsemanship.

Lindsey is sixteen and will be a junior at Conestoga Valley High School in

the fall. Lindsey loves working with horses and children. She has an older brother and lives in Leola with her family. Check out our library and give a big thank you to Gail when you see her! -Patti Draude



Gail & Lindsey check out the books

## Grant from S. June Smith Foundation

LCTR received a grant of \$2000 towards our rider scholarship fund. Thank you to S. June Smith Foundation for helping to meet this need for riders who would otherwise be unable to participate in LCTR's programs. Jen Good, assistant head instructor, wrote the grant. Thank you Jen!!! Riders who receive scholarship funds from LCTR are asked to please write a thank you note. We collect the notes from all riders who received funds from S. June Smith Foundation and send them in together at the end of the year. -Ellen Barnes

## Instructor Spotlight—Sherri Brown

**Started at LCTR:** Spring 2005

**Current Position at LCTR:** Instructor

**Past Positions:** Volunteer (about 20 years ago)

**Qualifications:** Centered Riding Level I Instructor, currently completing Pennsylvania Council on Therapeutic Horsemanship instructor training, have been teaching able-bodied lessons for 6 years

**Personal Notes:** Enjoy the challenge of making rider and horse a team. Started riding in 1985 at age 22, as a true beginner.

**Currently riding:** 12 year old paint gelding Chachi. Trail riding, hunt seat and dressage and taking lessons from Debby Hadden when she can fit it in.

**What I enjoy most about LCTR:** The joy that I see when a rider feels good about their ride. And the way people from all walks of life and all ages and genders work together to enable someone who would not otherwise be able to ride. -Ellen Barnes



Sherri giving a lesson

## Ellen's Corner

As the weather has turned warmer I wanted to take this space to remind you all of LCTR's policy related to weather. Riders have received the paragraphs below on the Rider Confirmation letters (which also includes the dates and times of your lessons) but here is a quick reminder:

*Riders should come in long pants (to protect legs) and wear hard-soled shoes with a heel (unless*

*medically unable). Helmets are available at the stable for most sizes and must be worn while mounted. For cooler weather warm coats and gloves should be worn. In hot weather we will not hold classes if the heat index is over 100 degrees. We will contact you if classes are cancelled. We WILL make up those classes.*

## Open Barn Raises Funds

LCTR was the beneficiary of the rides given at the Open Barn at BrownHill Stable on May 19<sup>th</sup>. Sherri Brown, one of the instructors at LCTR (see Instructor Spotlight) owns and runs her own lesson program in Narvon, PA at BrownHill Stable. One of the annual events at BrownHill Stable is an open barn in which the public is invited in to see the farm and meet the horses. She offers everyone a chance to ride for a small fee and gives the proceeds to a non-profit organization. Ellen Barnes (head instructor, who also instructs at BHS) and Karen Weber-Zug (apprentice instructor at LCTR) set up a table at the farm and assisted in the rides. We had basic information about the program and were available to answer questions about therapeutic riding and LCTR. The total donation was over \$200. Thank you BrownHill Stable! - Ellen Barnes

## May Clinic

On May 5<sup>th</sup> LCTR had the first of our four rider clinics this year. We had 4 riders who learned about grooming their horse (how to use each of the brushes properly), picking the dirt out of the hooves, and how to saddle their horse. Each rider was supported by a group of volunteers to assist as much or as little as needed. Every rider had a chance to lead their horse

around the arena to warm up, then mounted and we all took a trail ride.

At the end of the clinic we played a game of leap frog, adapted to horseback riding. All of the riders were in a line walking around the indoor arena. The last rider in line "leap-frogged" to the front of the line by trotting. We got some giggles



riders. Thank you all! -Ellen Barnes

out of the riders and some really nice trotting out of the horses. After riding all riders took off their saddle and put away all of the equipment. Then they brushed off their horse and said goodbye. Many wonderful volunteers made this Saturday morning extra special for our

We are on the web!!

[www.lctr.net](http://www.lctr.net)

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***Would you like to do  
more for LCTR?***

In addition to volunteering your time at the barn, there are many other opportunities for you to help LCTR. Please visit our website at [www.lctr.net](http://www.lctr.net). Click on Support LCTR and then click on the Wish List to see how you can get more involved.

**Upcoming Events**

A complete 2007 calendar of events can be found at [www.lctr.net](http://www.lctr.net).

June 24—2nd Annual Barn  
Dance & Pig Roast

October 6—Horseshow

## Thank You to Our New Volunteers

There are a lot of new faces at LCTR this year! Our new volunteer orientation in March was attended by fifty new people. A mini orientation in May brought ten new volunteers to the barn. As we move through Session 2, our new volunteers are fast becoming familiar with our riders, horses, staff and fellow volunteers. We are grateful to have so many caring people join LCTR.



This was a good time to introduce our clip-on name-tags. Every volunteer now has a nametag and there is a basket to keep them in for each day of the week. Please remember to put it on when you arrive and replace it in the basket when you

leave! In the near future, we'll start coding the tags to identify levels of leading and side walking skills. This system is aimed at safety for all and placing you, our valued volunteers in jobs in which you are comfortable doing.

Volunteers are the backbone of the program. Your roles are so important to the services we provide. Your performance as a volunteer impacts the lessons. You have direct interaction with our riders and can provide valuable input to instructors. The friendships you make enhance the lives of our riders and I have no doubt, enhance your life too. We appreciate all you do!

-Patti Draude, Volunteer Coordinator

## A Special Birthday Contribution

Thank you to one of our rider's families for a birthday party donation! We received a charitable contribution of \$360 in honor of this rider. The family had decided that in place of gifts they would suggest donating to different nonprofit organizations that had impacted the rider. Thank you for thinking of LCTR!

*For other ways to support LCTR please visit our website at [www.lctr.net](http://www.lctr.net) and click on Support LCTR.*

