

Ride With Pride

Lancaster County Therapeutic Riding, Inc.

What's New in 2008

Spring is upon us and we are all looking forward to seeing riders, volunteers and horses working together again!

Some great changes are planned for 2008. We are beginning the week of March 24th, a little earlier than last year. We are also offering a 7:30-8:15 PM class on Tuesdays during Session 3 to take advantage of longer daylight and providing riding opportunities to more riders. We are offering the very popular youth camp and adult camp for our riders again - both are 3 hours for 3 consecutive days. Camp participants will be involved in many activities including grooming, tacking, leading, learning about horse care/behavior, crafts, games and daily riding.

We are pleased to announce that Sarah Lupinacci will be joining us as an instructor this year. She is a North American Riding for the Handicapped Association registered instructor who comes to us from North Carolina. Also, Hannah Royer, an LCTR volunteer, is planning to attend the Pennsylvania Council on Therapeutic Horsemanship instructor training course this year! Watch for Hannah as she moves to apprentice instructor.



Our 4 legged staff had a few changes over winter as well. Unfortunately Collette, who was leased to us by Vanessa Carson and her family, will no longer be working with LCTR. We very much appreciate the Carson's generosity and will miss Collette in our program. Pam, who has been on trial with the program since last fall, is now one of our regulars. She is an 18 year old Quarter Horse mare leased to LCTR by Dawn Straschko. We are pleased to have Rascal, Hobbit, Riverboy, Josie and Bud back with us to start 2008. -Ellen Barnes

GoodSearch—How You Can Help Earn Money for LCTR

What if LCTR earned a penny every time you searched the Internet? Or how about if a percentage of every purchase you made online went to support our cause? Well, now it can! GoodSearch.com is a new Yahoo-powered search engine that donates half its advertising revenue, about a penny per search, to the

charities its users designate. Use it just as you would any search engine, get quality search results from Yahoo, and watch the donations add up! GoodShop.com is a new online shopping mall which donates up to 37 percent of each purchase to your favorite cause! Hundreds of great stores including Amazon,

Target, Gap, Best Buy, ebay, Macy's and Barnes & Noble have teamed up with GoodShop and every time you place an order, you'll be supporting your favorite cause. Just go to www.goodsearch.com and be sure to enter LCTR as the charity you want to support. **And, be sure to spread the word!**



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Special points of interest:

- Opportunities for LCTR funding include grants and GoodSearch
- Have you been touched by LCTR? Write a story.
- Safety is our top priority

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GoodSearch
Raise money for your favorite charity or school just by searching the Internet or shopping online with GoodSearch!
You search or shop... We give!
www.goodsearch.com

Winter at Greystone

The winter months are much quieter at the farm compared to the hustle and bustle of when LCTR is in session. The mostly mild winter has enabled the horses to be outside most days and often finds them lying stretched out in the sunshine. One of the funnier moments was the day my horse, Wrangler, was laying down sound asleep. Wrangler is head honcho in that field and is usually busy being the boss! The LCTR horses were in a circle around him looking at each other as if to say... is he breathing?

The mild days also mean mud and lots of it! River and Hobbit have been brown more often than not. Grooming is quite time consuming with the longer hair and all the caked mud. Another reason to look forward to spring! We look forward to all of our returning volunteers and will welcome some new ones too! When this newsletter goes to print, it will be time for orientations and starting back to class. See you all at the barn!

-Patti Draude



Bud hanging out in the snow

“Fun” raising

Many of the opportunities we have the privilege of providing to our riders are a direct result of our fundraising efforts. But, we need your participation to make them a success.

We are looking at holding our 3rd annual **Pig Roast and Barn dance** in early June...just waiting to confirm dates. We are also planning on doing a **Rita's Italian Ice coupon sale** – early spring.

There are also many simple ways to help LCTR – give through United Way, ask your friends and family to donate to LCTR instead of a gift for a birthday or



donation or a bake sale.

Christmas (who needs fruitcake anyway!), set up a small fundraiser at work – like a casual day donation or a bake sale. One hundred percent of every \$ raised goes directly to LCTR to cover program expenses!!! We are always looking for new ideas for “FUN” raising – if you have been to an event that left a lasting impression or sold an item that everyone just loved please contact Marcie Van Splinter at marcievs@aol.com. I would love to hear your ideas.

-Marcie Van Splinter

Meet the LCTR Board

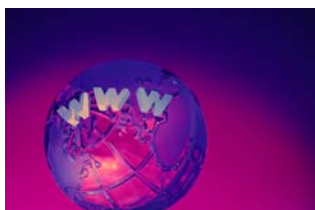
Gavin Harding returns as board President. Other returning members are Drew Hostetter, Ted Dzubinski and Marcie Van Splinter. Our newest members are Lisa Cavage and Georgina Condran. The board meets monthly to review operations/finances and plans for the future. Ellen and Patti also attend to keep us up-to-date with the program and to help us evaluate our needs. We have by-laws to help guide our organization as well as members with diverse expertise to help move the LCTR program forward.

-Marcie Van Splinter

Tidbits

www.lctr.net

Our website had 3,727 visits in the past 12 months. A full calendar of events as well as all Ride With Pride newsletters are available on our website. Spread the word!



LCTR Wear

Need a gift? Want to look cool? How about one of the many LCTR items we have for sale? We have t-shirts, sweatshirts, hoodies and hats for sale. It's a great way to show your support for LCTR and get our name out into the community!! We have child and adult sizes and can place an order

if we don't have your size. We take cash and checks. See Patti or Marcie and we'd be glad to get you stylin' and profilin'!



Grant Writing Committee Needs Volunteers

LCTR is looking to expand our grant writing efforts and great ideas come from working together. Grants are one of the most important ways to obtain free funding. Common types of grants include: Community Funds - Businesses or organizations have community funds from which they make grants from a few hundred to a few thousand dollars. In many of these cases, the company only requires the applicant to fill out some forms about how they plan

to use the money. Corporate Grants - These also come from businesses, but are often for larger amounts and require more paperwork. Foundation Grants - Foundations are set up for the express purpose of giving away money. For that reason, the process is competitive. They will likely have a long, involved proposal process that requires LCTR to gather lots of information. Government Grants - These are the most complex of all the grants. Government grants may

often take months to complete, and the amount of information we will need to gather and analyze on behalf of the organization is considerable. They are wonderful to receive as they are often for large amounts but may have multi-year payouts. If you would like to join the Grant Writing Committee to identify sources of funding and help in the preparation of grants, please contact Sandi Pearsall, 228-1731 or sandi@pearsall.us

Barn Safety and Etiquette

Barn etiquette? Yes, even in a barn there are dos and don'ts. Greystone houses a training and boarding business in addition to LCTR and we need to be respectful in this shared environment. The parking spaces on either side of the front steps are reserved for the barn manager and her husband. LCTR riders and volunteers should enter thru the large door that leads directly into the arena. Parking spaces closest to that door are reserved for our riders.

For safety reasons, please follow these rules: never take photos without the permission of the instructor and volunteers should not be carrying cell phones unless they are turned off. Although our horses are very gentle, they are animals and can be startled by a camera flash or ringing cell phone. Observers should remain behind the rope at all times and should not wander thru the stable or pet other horses in the barn. Check with staff before providing treats to any of our horses. A treat placed in their food

“Providing a safe environment for our riders, volunteers, observers and staff is of the utmost importance. When in doubt – ask.”

dish at the end of the evening is okay, but frequent treats can lead to bad behaviors. Never give a treat by hand.

Providing a safe environment for our riders, volunteers, observers and staff is of the utmost importance. When in doubt – ask. -Georgina Condran

Do You Have a Story to Tell?

In past newsletters, we shared stories about our riders and volunteers. With so many wonderful riders, volunteers and instructors it was always hard to know who to write about. So, we are turning the tables. Rather than us deciding who to interview, we are asking you to submit short stories to be considered for Riding With Pride.

Your true stories should be related to our program — riding, horses, benefits, funny or memorable moments...you get the idea. Stories can be submitted by riders, families, caregivers, volunteers or staff.

Please keep your stories to approximately 200 words or less and email them to winddancer_19@yahoo.com

or drop them off at the office. Please make sure to include your name and phone number in case we have any questions. We will strive to publish as many stories as possible.

GET WRITING!

-Georgina Condran



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Newsletter Committee
Ellen Barnes
Patti Draude
Marcie Van Splinter
Georgina Condran

A full calendar of events is available at www.lctr.net



Horses leave footprints on the heart.

Volunteer Corner

Thanks to a grant from the Ressler Mill Foundation, we are able to provide volunteer training for the second year in a row. 2008 clinics are designed to enhance our volunteers' experience and knowledge base. Earlier this year, many volunteers braved the cold to attend clinics presented by Debby Hadden that focused on how leaders and side walkers influence the movement of the horse as well as learning about balance and centering concepts.



Debby coaching participants to get centered!

where she will share information about horse behavior and body language as well as give participants opportunities to work on handling skills.

Greystone's barn manager, Shannon Zimmer, will present a clinic on May 8 from 6:00 to 7:30 stressing safe horse handling and discussing how conformation of individual horses affects their movement.

continue working with volunteers to develop and build skills. You will see colored dots on nametags this year that indicate levels of leading (green), side walking (red) and horse handling (blue). This adds to the knowledge base of volunteers and the safety of our program overall. Please talk to Sandi or Patti for more information.



Clinic participants at the February 9th clinic

On April 12th Sherri Brown will host an afternoon clinic at Brownhill Stables

This has a big impact on our riders' experiences on our horses. Staff will